

E-Mail: trekmanianepal@gmail.com

www.trekmanianepal.com

# **Khopra Ridge Trek - 8 Days**

The Khopra Ridge trek, in the southern region of Annapurna, is one of the most pristine treks in Nepal. In this trek, the views of an array of Himalayan panoramas, combined with the scenery of cascading waterfalls and lush jungles, create a dramatic setting. But, what makes this trek so special are the people of this region, who are ready to smile and help anybody in need.

In contrast to the customary itinerary of Khopra Ridge Trek, this package presents a unique variety of Himalayan surprises. The trail goes through the scenic hotspots of Ulleri, **Ghorepani**, Poonhill, and Tadapani while trekking across the Khopra Danda (ridge). We will traverse through the unspoiled terrain of the Annapurna, barely explored by the trekkers, to enjoy the exotic views of the mountains. We will meet new people with new perspectives and stories and get inspired by their lifestyles. To sum up, the Khopra Ridge Trek is a new way of exploring mountains.

# Planning Khopra Danda Trek:

The Khopra Ridge Trek in Nepal promises an experience along less-travelled pathways in the scenic Annapurna area. To begin, learn about the trek's itinerary, duration, and complexity, since itineraries range from 7 to 14 days. Make sure you have all necessary permits in Kathmandu or Pokhara.

Similarly, appropriate packing is essential for a pleasant hike. Pack appropriate attire for the weather, including warm layers and rain gear. Make sure you have durable, comfortable hiking footwear as well as necessary equipment such as a sleeping bag, trekking poles, and a well-organized rucksack. Maintain a light yet well-equipped pack.

Be considerate of local customs and traditions. Learning a few simple Nepali words will help you communicate with locals. Finally, follow Leave No Trace principles to reduce environmental effects and relish every second of this less-travelled journey, soaking in the stunning landscape, interacting with fellow trekkers, and immersing yourself in Nepal's **Annapurna region's** rich local culture.

#### Best time to do Khopra RidgeTrek:

The best time to go on the Khopra Ridge Trek in Nepal is during the two main trekking seasons, autumn and spring. Autumn( September to November), is often regarded as the greatest season for this trip. The weather is particularly consistent throughout this season, with clear sky providing superb visibility of the spectacular landscapes and nearby peaks. The weather is pleasant, and the paths are dry, allowing for a pleasant and doable trip.

Alternatively, the Khopra Ridge Trek is also a great option in the spring, (March to May). This season features warm weather and an exquisite display of rhododendron woods in full bloom, creating a really lovely ambience. Spring, like fall, has beautiful sky and unhindered views of the mountains, making it desirable to hikers.

The <u>Annapurna Circuit Trek</u> is not recommended during the monsoon or summer months (June, July, and August). Furthermore, the winter cold (December, January, and February) is unbearable for the ordinary hiker.

# **Food and Accommodations:**



E-Mail: trekmanianepal@gmail.com

www.trekmanianepal.com

Expect basic yet decent lodgings for the Khopra Ridge Trek in Nepal, largely in teahouses with a variety of room options. These inexpensive, family-run companies provide a variety of lodging types, ranging from communal dorms to individual rooms. Despite their minimal facilities, Teahouse creates a pleasant and appealing ambience for both relaxing and dining. Shared restrooms are common, and some teahouses, especially during the winter months, provide heated rooms for an extra price.

Local Nepali food such as Dal Bhat, momo, and Tibetan bread are available, as well as foreign meals. Teahouses feature drinks such as tea and pastries. There are vegetarian and vegan options available. To ensure prompt delivery, it is best to pre-order meals, especially during high hiking seasons. Despite the modest amenities, you can expect nutritious meals and a relaxing atmosphere.

It is always advisable to consult your guide for food recommendations for a healthier and hygienic option.

## **Transportation:**

The Khopra Ridge Trek often begins at Tirkhedhunga or Nayapul. If you want to fly to Pokhara, you can take a domestic aeroplane (30 minutes) or a tourist bus/private car to Pokhara (approximately 6-8 hours) and then go overland to Tirkhedhunga or Nayapul to begin your trek.

We will either remain in a hotel in Pokhara for the night or begin our adventure if we arrive early. To go to Tirkhedhunga or Nayapul, we will either hire a private car (shared jeep) or use a local bus. The journey may take many hours, depending on road conditions and the starting place you select.

Our trek to Khopra Ridge begins from there. The walking routes are well-marked, and you'll follow them through stunning scenery, villages, and woods until you reach the base camp.

When you reach Gandruk, your journey will finally come to an end. From there, you may take a local jeep or cab back to Pokhara, and from there, you can catch a tourist bus back to Kathmandu.

### **Necessary Permits & TIMS: Annapurna Trekking Permits:**

Khopra Ridge trek requires obtaining specific permits, including the Annapurna Conservation Area Permit (ACAP) and the Trekkers' Information Management System (TIMS) card. These permits are essential for regulating trekking activities and supporting conservation efforts in the region.

#### 1. Annapurna Conservation Area Permit (ACAP):

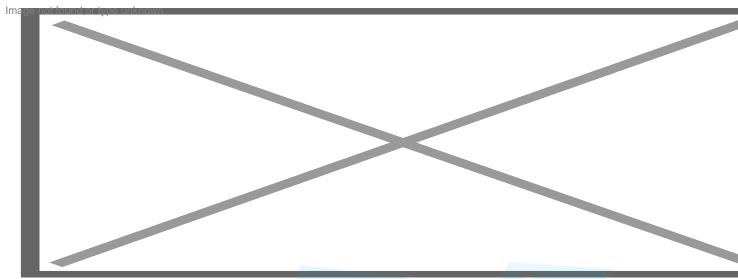
To visit the Annapurna area you must get an Annapurna Conservation Area Permit (<u>ACAP</u>). This protected area, noted for its breathtaking natural beauty, varied landscapes, and rich cultural history, is one of the most well-liked hiking areas in the nation.

Cost: Nrs 3000 per person



E-Mail: trekmanianepal@gmail.com

www.trekmanianepal.com



## 2. Trekker's Information Management System(TIMS):

For hikers in Nepal, the TIMS (Trekker's Information Management System) card is a necessary piece of identification. It was put into place to improve trekkers' safety and security while also assisting authorities in keeping track of travellers in various hiking locations.

Cost: Nrs 3000 per person for non SAARC tourists and Nrs 1000 for SAARC trekers.

(All the necessary permits are included in this package)

## **Necessary documents for Permits:**

- An original passport and current visa(valid for at least six months)
- · A scanned copy of the passport-sized photograph
- One printed passport-sized photograph (required for an ACAP permit)
- Travel insurance papers (includes helicopter evacuation of up to 6000m)

Check out our itineraries for more details.



E-Mail: trekmanianepal@gmail.com www.trekmanianepal.com

#### PRICE INCLUDES

- Airport pickup and drop service.
- · Accommodation in kathmandu 3nights
- All food & Accommodation during the trek.
- Transportation costs: Comfortable Drive from Kathmandu to Trek Starting Point and Trekk Ending Point by Local Jeep 0r bus and car. (depending upon the price and group size).
- · Government license holder English speaking trekking guide.
- Trekking permits: Annapurna Conservation Permit and TIMS card.
- First aid medical box.
- T-shirt, Duffel Bag and Trekking Map.
- Rescue Management Service.
- All Tax (13Vat + 10 Service charge)
- Farewell Dinner.

#### PRICE EXCLUDES

- · All kinds of Drinks
- Visa fee to enter Nepal
- · International flight tickets
- Extra night accommodation and meal costs in Kathmandu, Pokhara due to any change in the scheduled itinerary.
- Porter (1 porter for 2 trekkers with a max load of 17 to 20kg).
- All required trekking gear like sleeping bags and down jackets made available for rent.
- Travel insurance/ Rescue operation costs
- · All personal expenses
- Tip for guide and porters

E-Mail: trekmanianepal@gmail.com

www.trekmanianepal.com

#### ITINERARY IN DETAIL

# Day 1: Kathmandu – Pokhara (By Tourist Bus) [Max. Alt: 1,400m]

Early in the morning, we will catch a bus to Pokhara from Kathmandu. It is a pleasant drive along the winding highways of the hilly sections of Nepal. While the distance between Pokhara and Kathmandu is just 205 km, it takes around 6-7 hours to finally reach Pokhara. This delay is sometimes extended by the traffic jams on the way after Naubise. So, expect to arrive Pokhara no less than in the late afternoon. Once we get there, we will check-in to our hotel.

## Day 2: Pokhara – Nayapul (Drive) & Trek to Tikhedhunga . [Max. Alt: 1,540m]

After having a light breakfast, we will vehicle up to Nayapul on a Jeep. It is a fun ride, but the surprises are yet to come. As we arrive at Nayapul, we will walk parallel to the Modi Khola and turn northwest towards the Birethanti, a flourishing town in the Annapurna. There is a check post for TIMS and ACAP permits; so after checking-in our permit, we will head towards the Tikhedhunga.

Until Hille, we will go parallel to the Bhurungdi Khola, which is shown by a greenish line on a map of Himalayan Map House, through Sudame. Then, through Hille, we will enter into the village alleys and find a way towards Tikhedhunga. The trails are stony in this part. Once we reach Tikhedhunga, we could see a never-ending stony stair that leads to another fantastic village of Ulleri.

## Day 3: Trek to Ghorepani. [Max. Alt: 2,860m]

Without any delays, we will proceed towards the Ghorepani. But first, we need to make our way out of the stone-stairs that climbs up to Ulleri. This walk is a strenuous task, but the clear views of the Mountains, on the west, will help you regain your stamina and courage to finally win the stairs. It is better to count the number of stairs to distract yourself from the pain.

Once we reach Ulleri, the views of snowy mountains begin to show-off, with distinct views of the Annapurna South and Hiunchuli. From there, we will go through the Banthanti and Nayathanti to make an appearance at Ghorepani. Ghorepani is a perfect spot to gain the authentic experience of Himalayan cultures and beliefs.

# Day 4: Hike to Poonhill & Trek to Swanta. [Max. Alt: 2,270m]

Before the sun rises into the sky, we will hike up to Poonhill in the dark, so it is better to have torchlight with you.

Poonhill is a stunning hill station overlooking the imposing panorama of Dhaulagiri, Annapurna, Machhapurchre, and other countless snowy buttresses. As the sun gradually mounts over these snowy tops, the gradient beam of light will turn the color of the snow into golden. One will never forget such a reminiscing outlook of the Himalaya.

From there, we will return to Gorakshep, and head along the descending trail to Chitre. The trail further descends, but gradually, to Swanta via Phalante. Walking through this section of the trail will expose you to the panorama of Annapurna South, Patal Hiunchuli, Annapurna I, etc. which are truly staggering

#### Day 5: Trek to Khopra Ridge .[Max. Alt: 3,660m]



E-Mail: trekmanianepal@gmail.com

www.trekmanianepal.com

From Swanta, we will take a sloppy ascend through the dense forest of rhododendron and oak. Then, a picturesque waterfall on the way will lead us to a grassy Kharka (pasture), also known as the Aahal Kharka. We will again take a turn through the aromatic jungles of rhododendron to enter into a village named Danda Kharka/Chistibang, where there are few lodges to stay.

Khopra Ridge is just a couple of kilometers away from Danda Kharka/Chistibang. So, once we take a final ascent to the top of the ridge, we could enjoy the vivid landscapes and dramatic views of the Dhaulagiri range, Tukuche peak, Thapa Peak, Nilgiris, Barahashikhar, and Annapurna South. These are just a couple of distinct peaks that come visible, but what truly makes this spot beautiful is the randomness in the alignment of the mountains. Sunrise and sunset views from the Khopra ridge are commendable

#### Day 6: Trek to Dobato. [Max. Alt: 3,426m]

Instead of following the same trail back, we will twist our path and head on towards the Tadapani via Dobato. We will walk east across a few tributaries on the way and open up into a pasture of Bayeli Kharka. Taking the flat trail that leads to Dobato, we will finally show up there. The views of the Annapurna South, Himchuli, Machhapuchre, Annapurna II, and Lamjung Himal appear stunning at this point.

Dobato is also known by the name of "Baisi Kharka".

# Day 7: Trek to Tadapani. [Max. Alt: 2,630m]

Through the Dobato, there are two beautiful places, where we will go through, before entering into the serenity of Tadapani. For a couple of minutes, the trail is flat. But then, it suddenly takes a steep descend towards Isharu through the Rhododendron and oak forest. From there, the terrain goes downhill for a while, stretches flat and then, again, ascends. This process repeats randomly until Meshar. There is barely a descending section after Meshar until Tadapani.

The cocktail of amazing landscape and aromatic rhododendron forest invites an array of Butterflies and birds in this region. Plus, with its rich time-honored culture, Tadapani has become a point of magnetic attraction for trekkers.

## Day 8: Trek to Ghandruk same day by jeep pokhara. [Max. Alt: 1,400m]

From ghandruk, we will hire a jeep that drives us back to Pokhara