

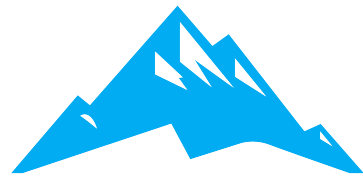
Kathmandu, Pokhara, and Muktinath - 7 Days

Kathmandu, **Pokhara**, and **Muktinath** tour are one of the easiest ways to witness the unparalleled beauty of the Lower Mustang. People of all age groups are fit to join this tour. Another best thing about this trip is that it can be done any time of the year, regardless of the seasons or months. If you can spare out 7 days from your busy schedule then, this trip is the most productive way to spend it.

Some of the highlights of this trek are **Patan Durbar** Square (12th century royal palace of Malla Kings), **Pashupatinath Temple** (one of the largest Shiva shrines in the world), Boudhanath Stupa (the largest unique stupas in the world), **Swayambhunath** Temple (old but peaceful site in the bustle of Kathmandu), Kaligandaki gorge (the deepest gorge in the world), Muktinath temple (famous for its man-sized golden statue of Lord Vishnu), Pokhara (a naturally pristine city of Nepal), Kagbeni (unmatched glimpse of the snowy ranges), **Jomsom** (one of the oldest and most beautiful souvenir marketplace), and Tatopani (natural hot water spring).

After this tour, you will discover a new being in yourselves- the secrets of peaceful living. One tour can be the turning point of your life. So, why not Kathmandu, Pokhara and **Mustang** Tour if it has all the reasons to astonish you? Enquire now about this package with us.

Trek Mania Nepal Pvt. Ltd.



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PRICE INCLUDES

- Airport pickup and drop service.
- Two night Hotel in Kathmandu.
- All food and lodging during the tour.
- Transportation costs.
- Government licence holder English speaking tour guide with his salary, lodging, food and insurance.
Trekking permits: Annapurna conservation fees.
- First aid medical box.
- All required trekking gears like sleeping bags and down jacket made available on rent.
- T-shirt, Duffel Bag and Trekking Map with company logo
- Rescue Management Service.
- All Tax 13% VAT+10% Service charge.
- Farewell Dinner

PRICE EXCLUDES

- Visa fee to enter Nepal.
- International flight tickets.
- Extra night accommodation and meal costs in Kathmandu due to any change in the scheduled itinerary
- Travel insurance/ Rescue operation costs.
- All personal expenses.
- Tip for guide and porters.

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ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu and have a good rest

Once you land in the airport of Kathmandu, one of our representatives will meet you there and welcome you in a traditional Nepalese style- with a fresh garland and humble Namaste. Then, he will guide you to your hotel through the winding alleys of Kathmandu. Freshen up and take rest.

In the evening, your sightseeing guide will meet you at your hotel. He will brief out the required information about the sightseeing places such as the cultural restrictions and tips to enhance the quality of the sightseeing. Have a good night sleep.

Day 2: Kathmandu sightseeing (UNESCO world heritage sites)

Kathmandu valley is listed in the book of UNESCO cultural heritage sites of the world because of its rich cultural and architectural wonders. With over dozens of ancient complexes, dotted around the valley, there is no eye that is left unsurprised in the classic ambiance of Kathmandu.

First, visit the 12th century Patan Durbar Square, the royal palace of Malla Kingdom. The aesthetic carvings on the windows of this complex tell a story about the ancient lifestyle and their inspirations. After that, explore the Pashupatinath Temple to see the thousands of people worshipping in over 400 Shiva shrines. A few distances ahead, you will arrive at the Boudhanath Stupa- the largest unique Stupa in the world. Finally, ascend to the Swayambhunath Stupa, sitting at the hilltop of the Kathmandu valley.

Besides, there are other dozens of heritage sites to visit in Kathmandu. It is, therefore, people nickname Kathmandu as the 'living museum'.

Day 3: Kathmandu to Beni

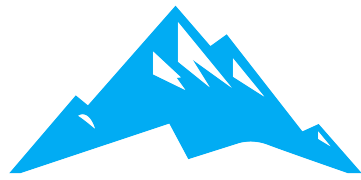
The well-paved road to Beni takes you through some of the scenic valleys and rivers of natural Nepal. Beni is about 300 km away from Kathmandu, and the drive lets you enjoy some of the best views of nature. We will stop at Damauli for lunch and then, continue on our journey to the Beni. Explore the surrounding views and feel the classic charm of the markets of the Beni.

Day 4: Beni to Jomsom

From Beni, Jomsom is just 70 kilometers away. But, the rough and bumpy road will make it appear longer than the real distance. The more you approach Jomsom, the better the views become. The peaks of the Machhapuchre and Annapurna range gradually show up when you are about 10 km away from Jomsom. Once you reach there, explore the markets there. The view of the northeasterly mountain panorama is simply fabulous. Jomsom is best for shopping the hand-made souvenir and handicraft items of mountain people. Get yourself some memories of the mountains from there.

Day 5: Jomsom to Muktinath via Kagbeni & back to Tatopani

From Jomsom, drive to the Muktinath via Kagbeni. Even if you wish to trek to Muktinath from Jomsom, there is a short way that goes through the classic village of Jharkot.



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The route via Kagbeni passes through an incredible Kaligandaki gorge, the deepest gorge in the world. Most of the time, you will be traveling on the exposed highway overlooking the gorgeous views of the mountains on the south and eastern side. The tiny houses, perched on the terraces of the hills, form an impeccable scene. By the time you reach the Muktinath, explore the man-sized golden statue of the Lord Vishnu. There are 108 sculptured water taps, emphasizing the tone of the temple. The periphery of the temple is surrounded by the incredible mountains that look breathtaking on a clear day.

After exploring the temple, return to Tatopani (meaning 'hot water'). There is a natural hot water spring to dive in. Locally, the water of this spring is believed to have the natural healing capacity.

Day 6: Tatopani to Pokhara & Half-day sightseeing in Pokhara

From Tatopani, Pokhara is just a couple of hours away by jeep. Once you reach there, spend much of your time exploring the waterfalls and lakes nearby. It is amazing to spend time in Pokhara.

Day 7: Pokhara to Kathmandu

From Pokhara, Kathmandu is the same way that you have been earlier. By distance, Kathmandu is 200 km away from Pokhara. It takes around 7 hours to reach there. But, sometimes, the unpredictable traffic jams lengthen the delays.

