

E-Mail: trekmanianepal@gmail.com www.trekmanianepal.com

Kailash Mansarovar Overland-Tour - 14 Days

Kailash Overland Tour via Kerung takes you to the holy land of Mt. Kailash through the newly opened Nepal-Tibet border of Rasuwagadhi-Kerung. The team of Trek Mania Nepal will embark on a journey to take you to worship and hike around the sacred land of Mt. Kailash.

The Kailash Overland Tour takes 14 days for completion based on our default itinerary. The trip can be tailored to your preference. The best time to visit the holy Mt. Kailash is between May-August.





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PRICE INCLUDES

- · All ground transportation by private vehicle
- Kathmandu Kerung Kathmandu By Tourist Bus
- · Airport Pick up and drop off by private vehicle
- Pure Vegetarian meal (Breakfast, Lunch and Dinner)
- · Enough Drinking water included
- Twin sharing in Nepal and Tibet and group sharing in Kailash Region.
- Tibet Visa & Permit
- All necessary entrance fees in Nepal and Tibet
- Special Kailash Mansarovar Permit
- Applicable entrance fees to visit Monasteries and temples
- Guide, Team of Sherpa to carry your luggage & Cooks to prepare food.(Nepali and Tibetan Tour Guide-1 / Manager, 1)
- Medical kits, Enough oxygen cylinder, Other necessary equipment
- · Down Jacket on refundable basis, Day pack bag, Duffel bag

PRICE EXCLUDES

- · Any kind of personal expenses
- Air and any other expenses from your home location to Kathmandu airport.
- Pony / Porter expenses in Kailash Parikrama
- · Any kind of insurance
- Any kind of Medical expenses
- Any kind of donation or tip to Guide / Sherpa / Drivers /Cooks / Porter / Priest / or any crew member
- Extra days accommodation at any place due to bad weather or any other reason.
- VISA splitting charges & transportation charges, if leaving early from Tibet.
- Any evacuation / rescue / additional charges / losses due to natural calamities / unforeseen circumstances.
- · Anything which is not included in inclusions



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ITINERARY IN DETAIL

Day 1: KATHMANDU ARRIVAL (1300 M).

Our representative will pick you up at the Tribhuvan International Airport and guide you to your hotel. Overnight at hotel. (L,D)

Day 2: DAY SIGHTSEEING IN KATHMANDU VALLEY AND TRIP BRIEFING. OVERNIGHT AT HOTEL

we will visit the famous Hindu Temple of the Kathmandu Valley today. After breakfast, we will visit Pashupatinath, Gujeswari Shaktipith, and Jalnarayan back to hotel. Briefing at Hotel and you can have to purchase some essential goods for the Yatra. Overnight at Hotel.

Day 3: Drive to Syabrubesi (1600m / 145KM / 6-7 hours).

After Breakfast we will drive to Syabrubesi through Trishuli Bazar by Bus. Overnight at Guest House

Day 4: DRIVE TO KERUNG (4 HOURS, 120 KM). OVERNIGHT AT GUEST HOUSE

After breakfast, we will start trip through the black-topped road to get to the newly opened friendship bridge at the Nepal-Tibet border or the Rasuwagadhi-Kerung border. We will arrive at the 1st village of Tibet, Kerung in about 4 hours. Overnight at Guesthouse

Day 5: DRIVE FROM KERUNG TO SAGA (5-6 HOURS, 4640M). OVERNIGHT AT HOTEL

The path climbs up and down the passes of Thong La and La Lung before getting us comfortably to the village of Saga. Along the way, we will be able to see Lake Peikutso and the typical yak and sheep grazing technique of the Tibetan people. Overnight at Hotel.

Day 6: ACCLIMATIZATION DAY IN SAGA

Entire day free for acclimatization. Short treks may be taken in preparation for the Kailash Yatra trek. Overnight stay in Hotel.

Day 7: DRIVE FROM SAGA TO LAKE MANSAROVAR (5-6 HOURS, 277KM, 4558M). OVERNIGHT AT GUEST HOUSE

After an early breakfast, we will drive towards the highest fresh Water Lake in the world. The holy lake of Mansarovar lies at an altitude of 4558 meters with greenish-blue color. It is believed that the lake was once a resting place of Lord Bishnu. It is surrounded by Mt. Kailash, Mt. Gurula-Mandala and the Lake Rakshash. Lake Rakshash is thought to be created by the evil King Ravan which is why the locals think that the water here is poisonous. Complete Parikrama of Mansarovar Lake by vehicle (2 hrs-110 km). Overnight at Guest House

Day 8: EXPLORATION DAY. DRIVE TO DARCHEN (1 HOUR, 40KM, 4575M). OVERNIGHT

Today, we will get into the colors of religion and explore the holy lake of Mansarovar. We will perform some rituals and then, get going to the village of Darchen. The village is situated right infront of the sacred Mt. Kailash. Overnight at Hotel



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Day 9: KAILASH KORA. DRIVE FROM DARCHEN TO YAMADWAR AND TREK TO DERAPUK (5-6 HOURS, 4900M). OVERNIGHT AT GUEST HOUSE

We will drive to the small settlement of Tarboche. Tarboche is the starting point of the Kailash Kora. Yamadwar, the gateway of the god of death, is located in Tarboche. From here, we will walk a few hours to arrive at the village of Derapuk situated infront of the north face of Mt. Kailash. Overnight at Guest House

Day 10: KAILASH KORA. TREK TO JUTHULPUK VIA DROLMA LA PASS (8-9 HOURS, 19KM, 4760M). OVERNIGHT AT GUEST HOUSE

Today is the longest and hardest trek day of the Kailash Kora. We will walk up the highest pass of Dolma La to arrive at the village of Juthulpuk. First, we will be heading to the village of Jarok Donkhang. From there, we will hike towards the Shiva-tsal. We will rest here for some time and then, descent steeply to get to the banks of the Lham-chu Khir River. Sometime after that, we will be at the village of Juthulpuk. The place got its name from the famous cave of Juthulpuk or the miracle cave. Along the way, we will be able to view the Buddha's footprints. Overnight at Guest House.

Day 11: FINISH KAILASH KORA AND DRIVE BACK TO SAGA. OVERNIGHT

During the morning, we will be exploring the caves and temples around the Milarepa cave. After breakfast, we will hike some 3-4 hours to complete our Kora and get back to the village of Darchen. We will have lunch there, and drive back to the village of Saga. Overnight at Hotel.

Day 12: DRIVE BACK TO KERUNG. OVERNIGHT AT GUEST HOUSE

We will drive back to the village of Kerung on a comfortable ride. We will have some free time as we descent on a paved path. We will spend the rest of the time relaxing. Overnight at Guest House

Day 13: DRIVE BACK TO KATHMANDU. OVERNIGHT AT HOTEL

Today, we will cross the Nepal-Tibet border and get back to the capital city, Kathmandu. Overnight at hotel.

Day 14: FINAL DEPARTURE TO HOME

Our representative will take you to the international airport of Nepal for your departure