

Ganesh Himal Ruby Valley Trek - 10 Days

Ganesh Himal and Ruby Valley trekking is one of the least explored treasures of Nepal, hiding behind the high mountains of the Ganesh Himal. You will get a chance to understand the know-how of Ruby extraction at the wonderful valley of Sertung. Interestingly, you are allowed to keep the extracted ruby to yourself as a memory. Besides its Ruby attraction, this trekking presents some of the sensational views of the Ganesh Himal from different angles. Be inspired by the immune mountains of Nepal.

As Ruby Valley rural municipality and north part of Dhading is known as the Tamang area you will have the opportunity to know their culture and living style. Trekkers, who come to this valley, laugh and enjoy, not just because of the precious ruby they extracted themselves but because of the smile of the locals and their humble nature that unlocked the trekkers' deepest inspiration for happiness. You will learn about the classic way of living and how the people are content with the limited resources they are bestowed with. There is religious tolerance and nobody obstructs the rights of others. Ganesh Himal Ruby Valley trekking is indeed an ideal journey.

A person, who is generally fit, can do this trek, regardless of his/her age and gender. This trek is worth going if you are looking for a place to spend your holidays. Couples are likely to enjoy the mutual trekking in this romantic Ruby Valley. Let us know what you thought about this trek.

Planning:

The Ganesh Himal Ruby Valley Trek in Nepal is an enthralling tour that invites visitors to see the natural beauty of the Ganesh Himal region. It is critical to follow a well-structured strategy in preparation for this isolated and off-the-beaten-path excursion. Begin your preparations by conducting extensive study, using guidebooks, internet resources, and travel forums to learn about the trek's complexities, such as routes, durations, and needs. Choose a season with nice weather, clear skies, and reasonable temperatures.

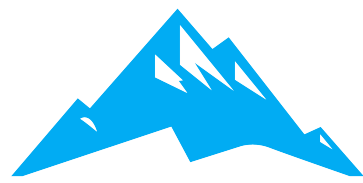
Create your trek itinerary, which should last 15 to 20 days, and obtain the relevant permissions. Prepare a complete packing list that includes proper clothing for the weather, important hiking gear, and a high-quality backpack. You can hike yourself or hire a native guide and porters to improve your experience.

Finally, while you travel through this culturally rich and naturally varied region, respect local customs and the environment, and bring a list of emergency contacts with you to protect your safety. The Ganesh Himal Ruby Valley Trek provides a fascinating exploration of beautiful landscapes and cultural diversity, making it an exceptional journey for anyone looking to discover Nepal's hidden jewels.

Best season to Ganesh Himal Ruby Valley Trek:

The Ganesh Himal Ruby Valley Trek in Nepal is most beautiful in the spring (March to May) and fall (September to November).

Spring delivers a temperate and pleasant temperature, with warm days and chilly nights, making it an ideal season to visit the Ganesh Himal region. The bright explosion of hues that wrap the environment as rhododendrons and other



Trek Mania Nepal Pvt. Ltd.

Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

wildflowers emerge into full bloom, creating a magnificent and multi-hued background for your hike, is what truly distinguishes this season.

Autumn, on the other hand, offers weather consistency, with pleasant daytime temperatures and delightfully crisp evenings. The preceding months' monsoon rains cleared the air, resulting in beautiful mountain panoramas and ideal walking conditions. The trails are in excellent condition, guaranteeing a pleasant and pleasurable tour.

Food and Accommodation:

The Ganesh Himal Ruby Valley Trek's accommodations and food options are a combination of simplicity and utility, assuring trekkers enjoy a pleasant and rewarding experience while crossing the isolated landscape. The path is flanked by teahouses and guesthouses that offer simple yet clean and pleasant accommodations. These motels generally provide twin-bedded rooms with modest linen and communal toilet amenities. Some establishments may provide rooms with adjoining bathrooms for individuals desiring additional solitude, however at a little greater cost. These accommodations are strategically placed to provide breathtaking views of the natural environs, allowing trekkers to connect with the spectacular vistas of the Ganesh Himal area.

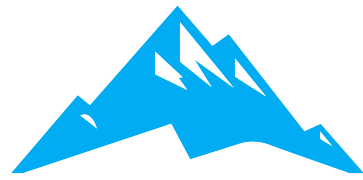
The teahouses and guesthouses provide a variety of cuisine to suit hikers' varying tastes. This menu features a variety of local and foreign foods. Traditional Nepali food, such as the popular dal bhat, momo, and thukpa, is widely accessible, providing a true flavor of the country's culinary heritage. International alternatives are also available, however, they may be slightly more expensive than local cuisine. In general, the food offered at these restaurants is safe to eat, but to reduce the danger of foodborne diseases, it's best to stick to prepared and hot meals while avoiding raw vegetables and salads.

Transportation:

The trek to Ganesh Himal Ruby Valley normally begins in Darkha Dundure, and you may either take a shared or public car to get there. This walk eventually begins on foot after you get to Darkha Dundure, and the trail takes you past some of the classic local communities, sticking to their long-held customs and traditions.

Necessary permits & TIMS:

No necessary permits or TIMS is required for The Ganesh Himal Ruby Valley Trek as it does not fall under any conservation area or National Park.



Trek Mania Nepal Pvt. Ltd.

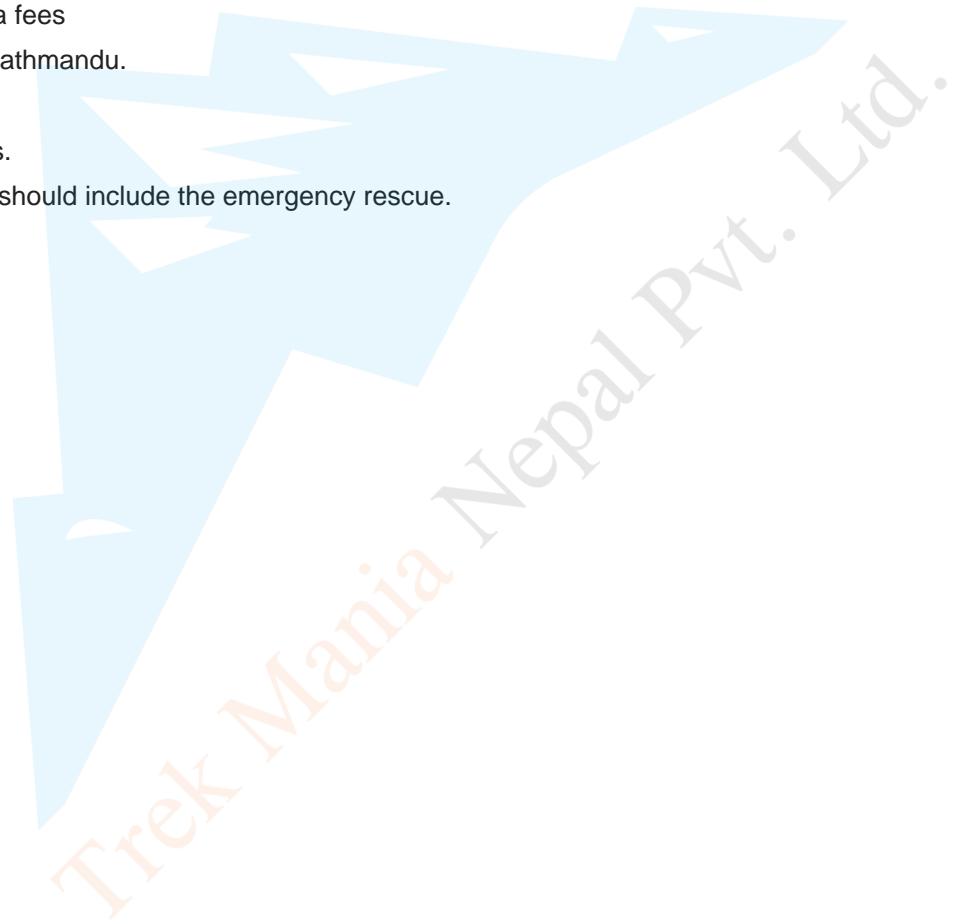
Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

PRICE INCLUDES

- Pick-up and drop-off service from Airport in Kathmandu .
- All land transports.
- National park permits and TIMS.
- Three meals (Breakfast, Lunch and Dinner) during trekking
- English-speaking local guide.
- All expenses for Nepalese staff, their insurance, equipment, and salary.
- T-shirt and bag with the company's name.
- Farewell party with the travel team of Trek Mania Nepal

PRICE EXCLUDES

- International airfare and visa fees
- Lunch and Dinner hotel in Kathmandu.
- All kinds of drinks
- Your personal trekking gears.
- Your travel insurance which should include the emergency rescue.
- Tips for staffs.



ITINERARY IN DETAIL

Day 1: Kathmandu to Darkha Dundure (by jeep 7h)

Early in the morning, drive to Darkha Dundure on a Jeep for about 7 hours. Until halfway, the road is fine. But, as you cross the Dhading, the path turns rough and bumpy. Despite that, the unmatched scenery of gorgeous Annapurna range, Manaslu range, Ganesh Himal and Langtang range are hallucinating enough to make you forget all the discomforts.

You will come across some of the classic local villages, adhered to their long-stayed cultures and traditions. Their houses appear red in color with a front yard (garden) and thatched roofs, a distinguishing characteristic of a traditional Nepali House on the Hills. These views follow you until you reach the Darkha Dundure, one of the classic villages of north-central Nepal. You will spend your night in the Homestay, the best place to examine the cultures and traditions of the village in depth.

Day 2: Trek to Borang (Rubivali-4- 5h)

After having breakfast, you will leave the Darkha Dundure through a trail fenced by the paddy terraces on one side. Then, a beautiful suspension bridge will guide you to the village of Jharlang. Have your lunch there. Soon, another suspension bridge, spanning across the Lishne Khola, leads you through a vivid forest, animated by the chirping sounds of the birds and diverse wild plants and insects. When you reach Borang, from where you will trek to start to ruby valley, you will see a large settlement region of Tamangs, one of the 125 ethnic tribes of Nepal with their distinct identity. They have their language, culture, and unfathomable faith towards god. Exploring Borang is the best way to create some real-life experiences with the Locals

Day 3: Trek to Sertung (4h)

After having breakfast, leave the Barang village towards the Sertung. About an hour later, you will reach the amazing Bandare Danda (Monkey Hill), offering better views of the landscapes below. Watching the playful and energetic monkeys leaping from one rock to the other is very much rare in the mountains. Continue the path until you arrive at the Deul Danda and Mane Danda through Gobre village. The peaks of Ganesh Himal appear very much lively from this hill. Then, a 20-minute descent will take you to the Chalise Gaon (a traditional hamlet of Ghale, Gurung, and Kami). Explore the temples and monasteries nearby. You may take a side trip to Tatopani (Hot spring) from there.

Through the Tin Kanya Devi Temple at Chalise Gaon, climb uphill to Sertung village. The top of the village renders excellent views of the Ganesh Himal and other snowy ranges. Stay at homestay at Sertung.

Day 4: Trek to Tipling (4h)

Following a quick breakfast, you will leave the Tipling village through a long suspension bridge. An hour of walking will bring you to another amazing village of Kami Gaon. From here, the views of the lower Sertung village and Chalise Gaon appear fabulous. The landscapes and the rocky cliffs form an impeccable impression on the eyes of the spectator from the Kami Gaon. About 20 minutes later, you will arrive at the Tipling village, a cultural hamlet.

Instead of staying here, you may take a brief ascent to Lapdung to make the next day's trek a little bit easier. Explore the daily lifestyle and rituals of Tamang at first hand at Lapdung.

Day 5: Trek to poktang (5h)

From Tipling or Lapdung, head straight up to the Poktang along the pleasant trail surrounded by the open mountain views. The Ganesh Himal is the most distinguished peak here as compared to the rest of the mountains. As you reach Poktang, walk around the village to get a deep insight into the cultures and customs of Hilly Nepal. You will understand the daily lifestyle of the locals.

Day 6: Trek to Pansang 3850f (7h)

A long way to Pansang is, indeed, one of the most rewarding days of the overall trekking in the Ruby Valley. On the way, you will come across some of the fabulous places that you have never thought existed before. One of the major highlights of this trek is the view of the Ganesh Himal. From Pansang, this peak appears simply sensational. Many of the trekkers turn emotional as they rise to Pansang. For the day, there is not much to do except to stay in the hotel.

Day 7: Rest and Hiking

Today, you will unveil some of the deepest secrets of the Pangsang high pass. While the views are good from Pangsang, it is also a cultural center. The people of this region are humble and hospitable enough to invite you for dinner at a first meet. You will explore several viewpoints to see the Himalayas from different angles. The lower Ruby valley appears fabulous here. From Pangsang you may visit Singla which is known as holy place for the Bon religion. It may take several hours to reach there but its worth to go.

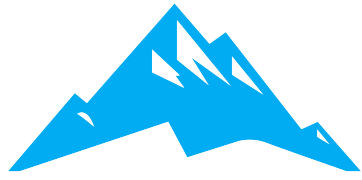
Day 8: Trek to Gathlang (4-5h)

Through the pleasant jungles of the pine and rhododendron, you will go across the incredible village of Khurpu Bhanjyang. Within a while, a vast pasture shows up at Yuri Kharka, where Kharka means pasture. The view of the lower valley is simply unmatched at this point. Then, walk across the Parvati Kunda, a sacred lake as known by the Hindus and Buddhists. A holy bath in this sanctuary is believed to bring good fortune and wash off all your sins. Within a while, you will make an appearance at the Gathlang. You will feel the classic and historical aura of ancient people in this Tamang village.

Day 9: Trek to Syabrubesi

Have a quick breakfast, and proceed to the Chawatar along a pleasant trail fenced by the green farm fields. Within a while, you will show up at the Bahundanda. Through a dirt track, you will walk until you reach the popular village of Syabrubensi. Explore the nearby monasteries, Chortens and Mani walls to get a deep insight into Buddhism. You may take bath with natural hot spring nearby.

Day 10: By local bus or jeep Kathmandu



Trek Mania Nepal Pvt. Ltd.

Dhalko-17, Chhetrapati
Phone: +977-9851053470
E-Mail: trekmanianepal@gmail.com
www.trekmanianepal.com

Every morning, the bus to Kathmandu leaves from Syabrubensi. After Trishuli, there are two route options- via Galchi (7 hours) or Kakani (9 hours). In terms of views, Kakani is far better than the Galchi, especially the view of the splendid Ganesh Himal. Once you reach Kathmandu, explore the cultural heritage sites in Kathmandu.

